

# TRUE<sup>®</sup> TRUESTRETCH<sup>®</sup> C O M M E R C I A L



PREMIUM FITNESS EQUIPMENT SINCE 1981

## TRUESTRETCH GOLF

TRUEStretch<sup>®</sup> is the preferred choice among golf professionals and features a solid, scientific design that helps golfers increase flexibility and minimize injury through simple and safe stretching exercises. TRUEStretch<sup>®</sup> is featured in 40% of the Top 100 golf courses in the United States.



## Proper Stretching Improves Your Swing

A simple round of golf requires continual, complex body movements in three planes of motion: front to back, side-to-side and rotationally. Research indicates that stretching for 3-5 minutes prior to teeing off can increase club speed by as much as 5 mph.

## Stay in the Fairway

Stretching is a simple way to improve your swing and decrease the chance of injury. Nearly 70% of all golfers experience golf related injuries that cause them to miss playing time. TRUEStretch reduces that risk by stretching key muscle groups and minimizes the likelihood of a strain in the lower back, shoulders, elbows, or wrists.

## Self-Guided Stretch Routine from a Top Golf Fitness Expert

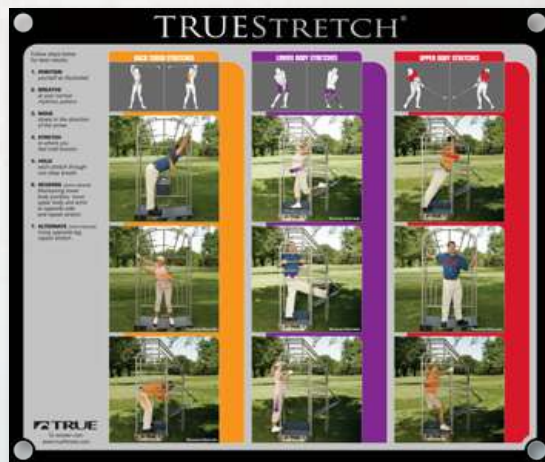
Your TRUEStretch includes an easy-to-follow stretching routine. These effective and simple exercises are displayed on a placard mounted directly on the TRUEStretch unit. Like many top athletes and trainers who follow similar routines, your golfers will quickly realize the importance of flexibility and stretching to their overall game.

## Low Maintenance

The intelligent and sturdy design of the TRUEStretch includes a tubular steel frame and non-skid base that is weighted to stay in place.

## On Course for Year-Round Use

The TRUEStretch is right at home on the driving range or near the first tee. Steel stakes are provided to secure the TRUEStretch to the ground during inclement weather.



FRAME	Frame	Structural Tubular Steel Frame
	Finish	Powder Coat Paint
	Base Surface	Polyethylene Platform with Non-Skid Rubber Padding
PHYSICAL SPECIFICATIONS	Footprint	87"H x 48"W x 57"D / 221 cm x 122cm x 145 cm
	Weight	180 lbs (82 kg)
	Shipping Weight	246 lbs (112 kg)
	Maximum User Weight	500 lbs (227 kg)
WARRANTY	Warranty Classification	Parts 1 Year, Labor 1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

